

Cuffley School Lunch Menu 2020

WEEK ONE

Monday

Main: Chicken tikka Curry with rice & naan bread

Vegetarian option: Quorn tikka curry

Dessert: Shortbread biscuits

Tuesday

Main: Italian meatballs served with penne pasta

Vegetarian option: Quorn meatballs

Dessert: Chocolate sponge with custard

Wednesday

Main: Homemade chicken pie in a rich gravy served with new potatoes, selection of vegetables

Vegetarian option: Cheese pinwheels in pastry

Dessert: Jelly and ice cream

Thursday

Main: Roast beef served with roast potatoes, selection of vegetables & Yorkshire puddings

Vegetarian option: Quorn roast

Dessert: Mixed fruit sponge & custard

Friday

Main: Breaded chicken pieces served with potato wedges, and baked beans

Vegetarian option: Breaded quorn pieces

Dessert: Flapjacks

WEEK TWO

Monday

Main: Breast of chicken in a barbecue sauce served with fluffy rice & vegetables

Vegetarian option: Quorn chicken

Dessert: Carrot cake

Tuesday

Main: Toad in the hole served with new potatoes & a selection of vegetables

Vegetarian option: Vegetarian toad in the hole

Dessert: Chocolate brownies

Wednesday

Main: Spaghetti Bolognese with a selection of vegetables

Vegetarian option: Vegetarian Spaghetti Bolognese

Dessert: Gingerbread biscuits

Thursday

Main: Roast turkey served with roast potatoes, selection of vegetables and sage & onion stuffing

Vegetarian option: Quorn and vegetable pie

Dessert: Jam sponge with custard

Friday

Main: Fish fingers served with curly fries or smiley faces with sweetcorn and carrots

Vegetarian option: Vegan fish bites

Dessert: Children's choice

Served Daily

Unlimited Salad Bar with a variety of salads including lettuce, cherry tomatoes, sweetcorn, cucumber, carrot sticks and celery

Jacket Potato stand with a range of fillings including beans, cheese and tuna

Fruit Basket including melon, pineapple, apples, bananas raisins, and grapes (subject to change)